

Land Improvement Contractors Of America · Illinois Chapter

January - February 2023

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WOODCHIP BIOREACTOR PARTNERSHIP MARKS 6TH YEAR IN A BIG WAY (page 6)

NEWS



CONVENTION & MEMBERS' MTG. JAN. 19-21, 2023 (page 12)



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- Safety Feature: Bloodborne Pathogen Awareness (page 26)

Illinois LICA 112 Exchange St., Ste. 2 Galva, IL 61434



The ILICA News



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The *ILICA News* is the official publication of Illinois Land Improvement Contractors Association, Inc. at 112 Exchange St., Ste. 2, Galva, IL 61434. (309) 932-1230.

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PRESIDENT'S MESSAGE



Holiday greetings to everyone. It still seems too soon for Christmas to be less than a month away; shortly thereafter will be the convention. Sign up early and avoid the price rise. This might be the only place you can avoid the rampant inflation plaguing the economy.

As I sit back and think about what to put down here in my last message as president, my mind wanders back over the years and past ILICA events that I had opportunity to share in. There were early picnics that I remember attending with my parents when I could still count my age on two hands. While too shy to mingle with anyone, I know the Day boys were there. There were many a Conservation Expo we went to; we being my parents and the youngest 3 of us boys. The one up by Freeport stands out as we camped like I do now except at a local KOA type campground. It was fun for a kid to take those wagons around the site as ILICA worked on the various practices being built; then into the later years as I began to run machines at these expos, running the newer models and thinking it would be nice to have one. It was even nicer when I became the grader man on the terrace projects, nice and comfortable in the Deere grader, putting the final touches on the ridges. Building terraces is still my favorite thing to do. It's a shame they don't get installed like they used to but with farm machinery being so big now it is hard to get interest in the practice even if it is the best thing you can do on many fields to stop erosion. Stopping erosion seems to have taken a step backward from the old days of the Conservation Expo. This thinking also brings up the conventions in Decatur where the Holidome was the usual site. Ah, those days when convention attendance numbered in the hundreds and the banquet was the highlight of the stay; and then being at the head table as I moved up the ladder of office until I got to get the president pin stuck in my lapel by Bill Dean. Lots of good times and lots of good memories with many good people. ILICA really is an extended family.

The times are changing, as time does. Just like the passing of the days brings the cold wind that blows today, it will also bring the soft breeze on a hot day that makes it feel oh so good. No longer do we have the LTA's that made many of the Conservation Expos possible. We work now on specific projects instead of encompassing ones. We don't have to drive to attend meetings but can attend online. Yet, what does remain is the potential for becoming part of the family, for the experiences you can share with others, for the friendships that can be formed, and for the chance to become more than what you thought you could be.

To put an end to these last couple of years, I would just like to say that I feel honored to have been able to serve once again as president of this fine group. A very heartfelt THANK YOU I wish to convey to all the committee chairs and members, the volunteers at the shows, the associates, and the office for all the great work you have done. You guys do all the hard work. All I do is write these messages for the newsletter. It will be nice to soon sit back and read what Eric will have to say.

I hope to see many of you soon at the convention; seems like it will be a good one, as usual. Merry Christmas to everyone and thanks for putting up with me a second time.

Steve Anderson, President

LICA MISSION

To promote, perpetuate, and improve the proper use of our natural resources for the benefit of all

NEW MEMBERS

Active Contractors

Tyler Seals Kieffer Bros. Construction Co. 933 W. Third Mt. Carmel, IL 62863 Ph: 618-262-5108 Email: tyler@kiefferbros.net

BOARD & MEMBERS' MEETING SCHEDULE

Unless changed by the Board during the year, the ILICA business meetings are scheduled as follows:

Jan. 19, 2023 - Final Regular Meeting of the Board: Isle Casino Hotel, Bettendorf, IA

Jan. 21, 2023 - Annual Members' Meeting: Isle Casino Hotel, Bettendorf, IA

Exact location, meeting times & other details will be published in the ILICA News and sent to members via mail and/or email.

Contractor Training

Virtual

2022 BOARD MEMBER MTG. ATTENDANCE					
A = absent P = present C = cancelled meeting				ng	
Area / Director	ctor Mar			Sep	Nov
Pres: Steve Anderson	Р	Р	Ρ	Р	Р
VP: Eric Layden	Р	Ρ	Ρ	Α	Ρ
1st VP: Jon Seevers	Р	Р	Ρ	Р	Р
Area 1 - Brian Brooks	Р	Р	Ρ	Р	Р
Area 2 - Stuart Anderson	Р	Р	Ρ	Р	Р
Area 3 - Wes Litwiller	Р	Α	Α	Р	Р
Area 3 - Grant Curtis	Р	A	Α	Α	Ρ
Area 4 - David Kennedy	A	A	Ρ	Α	Α
Area 4 - Lee Bunting	Р	Р	Ρ	Р	Р
Area 6 - Scott Day	Р	A	A	Α	Р
Area 6 - Bill Dean	A	A	Α	Α	Α
Area 7 - John Barttelbort	Р	A	A	Р	Α
Area 8 - Tom Beyers	Р	Р	Ρ	Р	Р
Associate Dir: D. Randolph	Α	Ρ	Α	Α	Р

FEB. 16, 2023

Register Here

(illica.net/events)

1 License Training: \$75 2 License Training: \$105 3 License Training: \$135 4% convenience fee applies

Virtual Septic Training Series offering 3 CEU's required for the renewal of Illinois Septic Licenses (Installer, Pumper, and Sanitation Technician)!

RAINING

Contractor Training Store and Illinois LICA will host a

Limited to the first 100 registrants

SEPTIC

ILICA Members, contact the office for \$25 member discount code

WOODCHIP BIOREACTOR PARTNERSHIP MARKS SIXTH YEAR IN A BIG WAY

Established in 2017, with the foresight of Illinois Farm Bureau, the Woodchip Bioreactor Partnership brings together the expertise of four, state-level organizations (Illinois Farm Bureau, Illinois LICA, Illinois Natural Resources Conservation Service, University of Illinois) to address a shared goal: improved water quality through the promotion of nutrient loss reduction strategy practice adoption. With an objective of implementing denitrifying woodchip bioreactors across the state at a rate of one per year over a five year period, the partnership's unique approach brings awareness to water quality resource concerns impacting the Midwest by showcasing one type of conservation drainage practice effective at mitigating these concerns, through physical implementation of that practice on the landscape, while also capturing real-world research data on the practice's performance to back it all up.

In part because of the proven success of the partnership over the last five years and in equal parts because of the continued need for outreach and education around the nutrient loss reduction strategy and its recommended conservation practices, the Woodchip Bioreactor Partnership will be extending its efforts into 2027. With 2022 marking the 6th year of the partnership, the partners have jumped head-first into their continued commitments installing the largest partnership woodchip bioreactor to-date in November with a field day pending in 2023.

Working closely with the tenant; farm manager, Farmland Solutions; and landowner, City, Water, Light, & Power (CWLP) of Springfield; the ideal opportunity arose last spring for the partnership to implement a woodchip bioreactor practice on a parcel of non-cash cropped ground that drains directly into the south side of Lake Springfield. Measuring in at 20' x 95' and designed to treat over 85 acres of subsurface drainage, said bioreactor marks the largest installed, by nearly two-fold, through the partnership. Despite this being the 5th woodchip bioreactor installed by the partnership, there were still notable "firsts" associated with the installation. For example, the media utilized was locally sourced and ground, different from the custom ground woodchips procured for specific chip size and species content in the previous bioreactors. Additionally, the bioreactor will be reducing subsurface drainage water nitrate loads that outlet directly into a drinking water source, Lake Springfield; not always are conservation results so immediately tangible.

Completed on the behalf of ILICA by contractor member JRH Services of Decatur, Nick Helm and his crew of about 5 guys installed the large woodchip bioreactor in roughly 3 days. Construction went very smoothly despite some additional logistics involved with transporting the volume of woodchips needed (12 semis!) and managing spoils in manner that helped meet the needs of the landowner while keeping the tenant from impacting any existing CRP contracts.

While we look forward to sharing all the site specific details and benefits of this effective water quality practice at the pending field day event in 2023, you can check out the photos and videos from construction in the meantime at: <u>https://www.illica.net/project-gallery.</u> Thank you to the Woodchip Bioreactor Partnership partners, JRH Services, the Show Committee, and Springfield Plastics and Agri Drain, who supported the project through material donations and discounts.







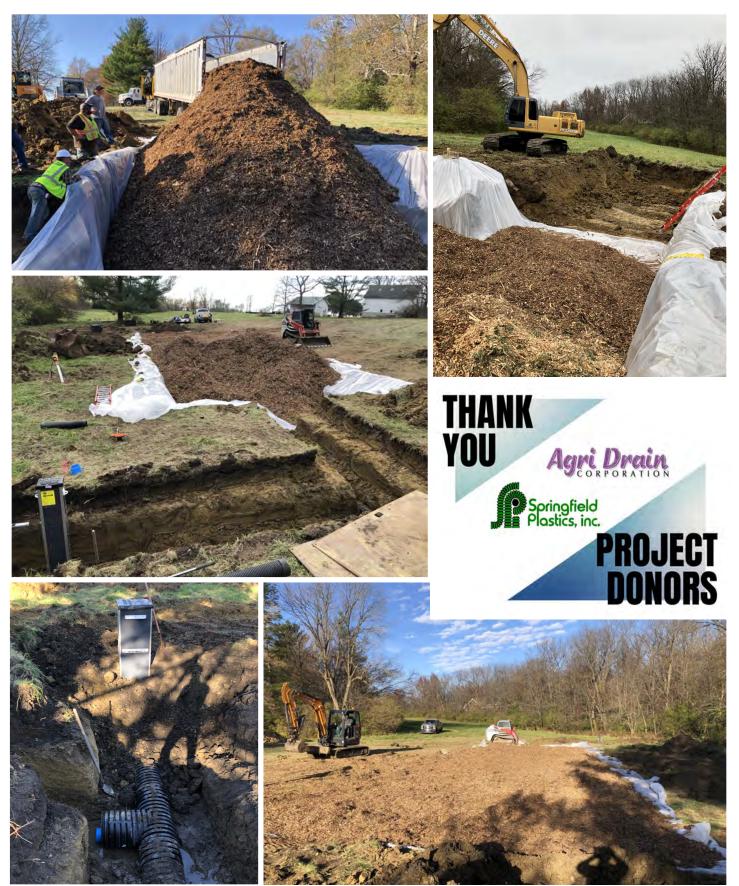




United States Department of Agriculture

Natural Resources Conservation Service

WOODCHIP BIOREACTOR PARTNERSHIP MARKS SIXTH YEAR IN A BIG WAY (CONT.)







Every year we decorate our home for the holidays, sing seasonal tunes, and bundle up by the fire to exchange gifts with loved ones. Before we know it, the new year is upon us, making us think about our New Year's resolution list. Most of us know how hard it can be to keep a New Year's resolution, yet we continue to make them every year. This article will help you identify your personal goals and tell you how to keep them.

#1 Think of Your New Year's Resolution as a Shade of Gray Rather Than Black or White.

What I mean by this is do not be so hard on yourself. If your personal goal is to lose weight, don't restrict yourself from all the tasty things in life. Use the 80/20 rule by being healthy 80% of the time while letting loose the other 20%. Doing things in moderation will help you create a more balanced outlook on life.

#2 Set Realistic Goals

Have you ever heard that saying, "slow and steady wins the race?" It is the same concept when setting a realistic New Year's resolution list. The more achievable your goals are, the more likely you will stick with them. Setting unrealistic goals can hinder your success, making you feel defeated. When we succeed at something, it makes us want to keep going. If one of your personal goals is to take up running as a hobby, do not go and sign up for a marathon tomorrow. It would be more realistic to train for several months before committing to something so demanding.

#3 Choose Resolutions for the Right Purpose

Determine what is important to you, and try to set your New Year's resolutions for the right reasons. For example, if your personal goal is to lose weight, do it to be healthy and feel good, not to be thinner. If you are trying to lose weight to be skinny, you might be disappointed if it does not happen as fast as you expect. But, if you are losing weight to feel good about yourself, you are more likely to stick with it because everyone wants to feel good, right? The better you feel, the more energy you will have to keep up your New Year's resolution.

#4 Start Your Personal Goals Before the New Year

It is funny how we start a New Year's resolution after a late night of partying and drinking. Not many people want to go for a run or eat a salad after partying the night before. So, get a head start on your goals before the year 2022 begins. Putting your resolutions into motion in advance also alleviates the pressure of starting your goals on a specific day. What if you are not feeling good on New Year's day? Or, what if something unexpected comes up? Think of your New Year's resolution as a lifestyle rather than a fad. You can make it your lifestyle by making it your new "normal" now.

#5 Don't Get Down On Yourself

Allow yourself a little slack, and do not give up on your resolution if you had a little cheat treat. No one is perfect, and we are allowed mistakes in life. Mistakes can help us learn and grow into better versions of ourselves. You are your own best friend, so be kind to yourself and give yourself credit for how far you have made it. Boosting your self-esteem can help boost your motivation to succeed, thus keeping up with your New Year's resolution.

#6 Stay Committed for at Least 21 Days

Experts say it takes about 21 days to form a new habit. You are more likely to stick with your personal goals if you work your resolutions into a weekly routine. Keep this routine for at least three weeks, and it can become your new "normal." For example, if your personal goal for 2022 is to have a smoothie every morning, commit to it for at least 21 days. Try your best not to skip a day. Once your morning smoothie becomes your routine, it won't feel right to go a day without it. A great way to ensure you keep your routine is to prepare it the night before. Having a smoothie ready for you in the morning will help you avoid bingeing on an unhealthy alternative.

#7 Pinpoint Your Triggers And Find Ways to Avoid Them

Make a list of all the triggers or impediments that will hinder your success. Now figure out what you can do to avoid these triggers. For example, if you are trying to cut down on drinking alcohol, try to limit your time spent with people who tend to drink often. If work stress causes you to drink, consider finding a less stressful job. If finding another job is not an option, learn to reduce stress through yoga and meditation.

Why Do We Make New Year's Resolutions?

So why do we make New Year's resolutions if we often fail to keep them? Setting goals in life gives us hope and helps motivate us to be a better version of ourselves. Never give up, never stop dreaming, and if there is life, there will be an opportunity to succeed at something. Happy holidays!

Source: Reprinted with permission from <u>https://www.rtor.org/2021/12/28/7-</u> secrets-on-how-to-keep-a-new-years-resolution/

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January - February 2023





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2023 Annual Convention & Members' Meeting





January 19 - 21, 2023 Isle Casino Hotel Bettendorf 1800 Isle Pkwy, Bettendorf, IA 52722

Attend the 2023 Illinois LICA Annual Convention & Members' Meeting to learn why "ILICA is Key in 2023!" With a full agenda including a pre-tour, business focused education sessions, septic license CEU training, a trade show (35+ vendors), an Awards Banquet, evening entertainment, and hospitality opportunities galore, the 2023 Illinois LICA Convention will be the largest event of the year for the Association. Be sure to join us for some or all of the 2023 Illinois LICA Annual Convention for your "Key" to 2023!



Wednesday, January 18

2:00 pm - 6:00 pm

Registration

3 pm; 4 pm; 4:30 pm

Convention, Nomination, Awards Comm. Mtgs.

Thursday, January 19

6:00 am - 5:00 pm

Pre-Tour: North America Conservation & Drainage Expo

Jump on the bus with other members to head over to Des Moines, IA to check out the NAC&D Expo. Showcasing industry equipment & full of top-notch education sessions from industry pros, this event promises to be "different than any other event of its kind!" (transportation only; additional registration at the door applies)

9:00 am - 5:00 pm

Ladies Activity

Join the ILICA Ladies for in-house crafts and activities.

3:00 pm - 6:00 pm

Registration

6:00 pm - 7:30 pm

Final Regular Board of Directors Meeting

The Board of Directors and spouses are invited to dinner immediately following the final board of directors meeting.

8:00 pm - 1:00 am

Associate Hospitality Rooms

Pop into the Associate Hospitality Rooms before calling it a night to chat about the day's events and the anticipation of tomorrow's.

Convention Agenda

Friday, January 20

7:30 am - 8:00 am

Devotions

Jump start your morning with scripture, testimony, and hymns.

8:00 am - 4:00 pm

Registration

8:00 am - 12:00 pm

Septic Training

Installers, pumpers, and portable sanitation technicians receive 3 CEUs from this inclusive training provided by Doug Ebelherr, Contractor Training Store.

8:00 am - 9:30 am

Taxes, Accounting & Employee Retention

Get all the latest tax & accounting updates and employee retention business tips from Dustin Courson, Courson & Associates.

9:00 am - 11:00 am

Ladies Activity

Join the ILICA Ladies for in-house crafts and activities.

9:30 am - 10:30 am

Desk Work Eliminates Guesswork

Learn about the documents and records that you need to keep and maintain in order to protect your business. This session from United Fire Group will dig deeper on contracts and insurance certificates when hiring other contractors, OSHA records, DOT records for drivers and vehicles, vehicle use policies, equipment maintenance records, and building and property paperwork.

10:30 am - 10:45 am

Morning Break

10:45 am - 11:45 am

Properly Bidding & Contracting Jobs

Receive tips and insights into properly bidding and contracting jobs to save you time and money from member Mike Yordy of Mike Yordy Excavating, Inc.

Friday, January 20 (Continued)

12:00 pm

Welcome Luncheon

Convention committee chairman welcome and new member recognition.

1:00 pm - 5:00 pm

FREE Trade Show

Visit over 35 industry vendors and chat with Associate members to check out all their latest equipment, technology, and product offerings.

2:30 pm - 3:00 pm

Afternoon Break

5:00 pm - 6:00 pm

Hospitality Hour

Speculate over the 2022 award recipients with a drink.

6:00 pm - 8:00 pm

Awards Banquet

Help us recognize those individuals and entities that have contributed so much to the Association over the past year during this formal event. Friends and family welcome.

8:00 pm - 9:00 pm

Entertainment: Comedian Andy Forrester

Kick back, relax, and laugh away to the humor of comedian Andy Forrester after the awards banquet.

9:00 pm - 1:00 am

Associate Hospitality Rooms

Before you turn in for the night, pop on in to the Associate Hospitality Rooms to congratulate the 2022 award winners one more time. We know they would appreciate it!

Saturday, January 21

7:30 am - 8:00 am

Devotions

Jump start your morning with scripture, testimony, and hymns.

8:00 am - 2:00 pm

Registration

Saturday, January 21 (Continued)

8:00 am - 12:00 pm

FREE Trade Show + Silent Auction

Take advantage of your last opportunity to visit over 35 industry vendors and get in on the morning silent auction action!

9:00 am - 4:00 pm

Ladies Activity

Join the ILICA Ladies as they day trip around the local area touring shops, historical buildings, and more.

10:00 am - 10:30 am

Morning Break

12:00 pm

Luncheon

1:00 pm - 4:00 pm

Members' Meeting & Election of Officers

All attendees are encouraged to participate. Members will be given updates from our various committees, as well as have the opportunity to guide Illínois LICA through 2023.

1:00 pm

Associates Committee Meeting

2:30 pm - 3:00 pm

Afternoon Break

Grab a sweet treat at the ice cream social.

4:00 pm

Isle Casino

Just because the Convention is officially over doesn't mean the party has to stop! Members are encouraged to stick around and try their "hand" at the Isle Casino for an evening of fun on their own dime...pennies, nickels, quarters, or whatever your preference in play!

4:30 pm

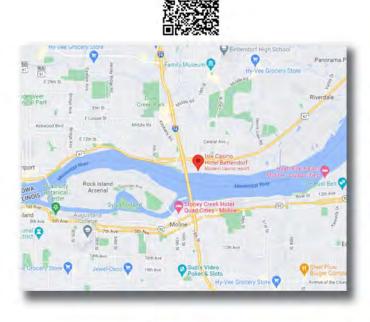
Convention Committee Meeting

Hotel Info

The Isle Casino Hotel Bettendorf is offering a room rate of \$132 per night for a standard king or a double queen, plus applicable state and local taxes. To take advantage of this block room rate, please visit:

https://islebettendorf.reztrip.com/ext/promoRate? property=1759&mode=b&pm=true&sr=755649&vr=3

Or call 563-441-7115 and simply ask for the Illinois Land Improvement Contractors Association room block Group Code: ILLIC22. This rate will expire on January 11, 2023, so reserve your room as soon as possible!



Entertainer Info

ANDY FORRESTER

DRY BAR COMEDIAN



Andy Forrester's brand of off the wall humor has made him a fan favorite at clubs all over the country for almost 20 years. His high energy and animated comedy has landed him spots working with some of the biggest names in comedy like Louie Anderson, Jimmie "JJ" Walker, Gilbert Gottfried, Marc Maron and many more. He's the co-host of the "Eating It" podcast, and he constantly tours the country... when his wife and kids let him.

PHOTOS & VIDEO:

https://funny-business.com/entertainer/andy-forrester/

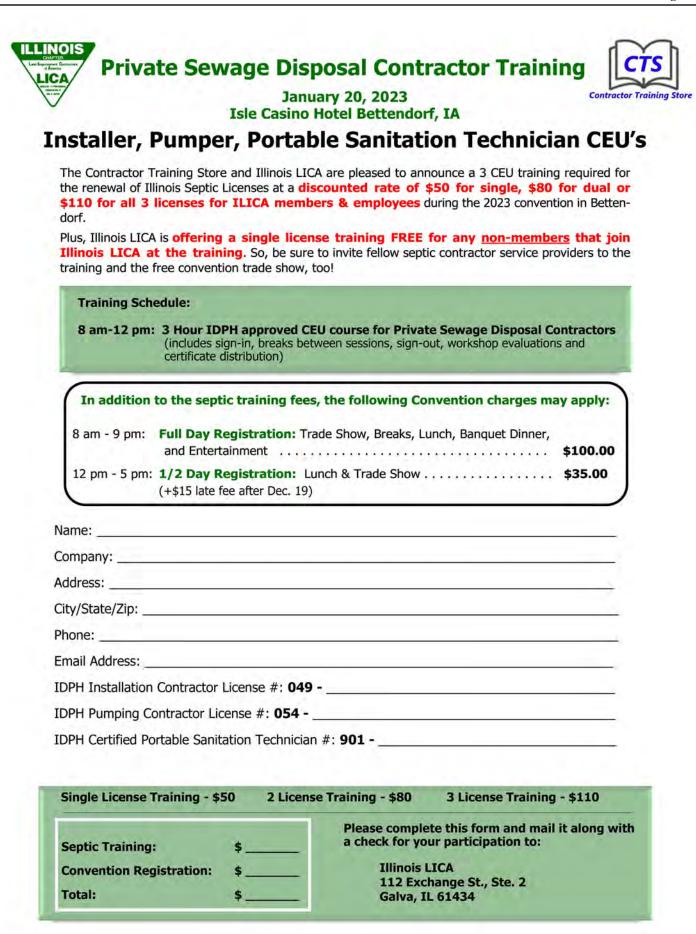




Reserve your hotel room today to ensure a guaranteed room rate of \$132/night, plus tax!

Call 563-441-7115 and simply ask for the IL Land Improvement Contractors Association room block or book online here. Hotel reservation deadline: January 11, 2023







2023 National LICA Winter Convention

March 11 - 13 | Harrah's Hotel & Casino | Las Vegas

Winter Convention **Agenda & Details**



Saturday, March 11

6:00 pm -10:00 pm	Executive	Committee
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Sunday, March 12

6:00 am - 7:30 am	Registration		
8:00 am	Opening Breakfast		
9:00 am - 5:30 pm	Committee Meetings		
1:00 pm	Lunch		
7:00 pm - 10:00 pm	Associates' Night		

Monday, March 13

9:00 am	Delegates' Meeting
10:45 am	Board Meeting
1:00 pm	Lunch
6:00 pm	Reception
7:00 pm	Awards Banquet

10:00 pm President's Reception

What does registration include?

Winter Convention registration includes all meal functions, Associates' Night, Committee Meetings, the Delegates' and Board Meeting. All registered members will receive meal tickets, a name badge, and a program when they check-in on site and are welcome to ... even encouraged to, attend any of the Committee Meetings and the Board Meeting. For a list of committees and their functions, visit LICANational.org.

Associates' Night Sunday, March 12 ~ 7:00 pm - 10:00 pm

Join our National LICA Associates for drinks and bites as they showcase the latest in heavy equipment, technology and programs available to LICA members. Make some new connections, support our valued associates and learn how they can help your business succeed.

Associates' Night Beverage Sponsor



Associates' Night Sponsors





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Registration Includes: Sunday's Breakfast, Lunch, & Associates' Night, Monday's Lunch, Receptions & Awards Banquet

Hotel Information:

Harrah's Las Vegas 3475 S Las Vegas Blvd.; Las Vegas, NV 89109 \$160/night (plus taxes & resort fees)

Call: 888-458-8471 Group Name: LICA – Winter 2023 OR SHLIC3. Reserve by: February 18, 2023

Calling on or before the deadline does NOT guarantee you will get the room rate. Make your reservations today, the block fills up fast.

Return this form with payment to: LICA Winter Convention 3080 Ogden Ave. Suite 300, Lisle, IL 60532

Enclosed is n	ny check for \$			
	or charge m	y credi	t card	
	Credit Card	MC	Visa	
Cardholder_			-	_
Card #		-		
Ехр	3 Digit C	ode		

Billing zipcode_

Registration Policy: Only individuals registered and wearing badges may attend Winter Convention events. No registration will be processed without payment. Registration fee deadlines will be strictly enforced.

Refund Policy: For cancellations received prior to March 1, 2023 a \$30.00 charge will be deducted from the original amount paid. No registration payment will be refunded after March 1, 2023 unless there has been an emergency.

Land Improvement Contractors of America LICA DEDICATED TO PROFESSIONAL CONSERVATION OF SOIL & WATER

LICA Members' Receive Discount on CONEXPO Badge

Through our partnership, LICA Members (and friends) get a significant discount on entry to CONEXPO CON/AGG 2023. By using the link at LICANational.com you can register for the show, select your education sessions, and choose a hotel. You will be creating an account for CONEXPO and are able to "skip" registering for hotel and/or education sessions. You can login at a later date to pick your options.

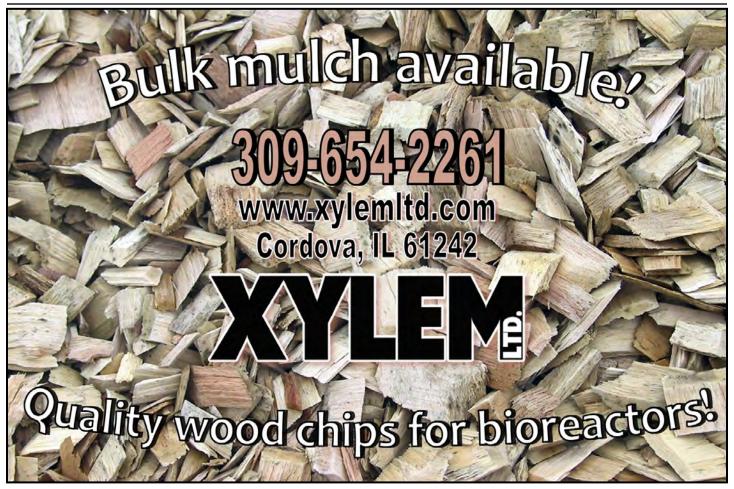


LICA Discount Deadlines

Register by: January 6, 2023 Badge Fee: \$124

Register by: March 13, 2023 Badge Fee: \$149

Register by: March 18, 2023 Badge Fee: \$175



YOUR CONSTRUCTION INSURANCE PARTNERS

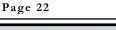


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January - February 2023





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ILICA Trivia

What year was this Conservation Show?



Be the first to submit the correct answer to michelle@illica.net

One lucky winner will receive a prize!

Nov/Dec Answer: 2015





onservation Show Special

See the show by air

8 a m; to 8 p.m. August 1 - 2 - 3

APPLICATION DEMO AT SHOW - NOON EACH Lipcamon Aviation, Inc. 285-4532

CALENDAR OF EVENTS

Illinois

2023 ILICA Annual Convention & Members' Mtg. January 19 - 21, 2023

Isle Casino Hotel Bettendorf 1800 Isle Parkway, Bettendorf, IA 52722 Register: <u>https://form.jotform.com/222925682060051</u> or via page 16

Contractor Training Store & Illinois LICA Virtual Septic Training February 16, 2023

8 - 11:30 am Register: <u>https://form.jotform.com/210405973758159</u> or via QR code on page 5

National

2023 LICA Winter Convention March 11-13, 2023

Harrah's Hotel & Casino 3475 S Las Vegas Blvd., Las Vegas, NV 89109 \$160/night (plus taxes & fees) Call: 888-458-8471 Code: LICA – Winter 2023 or SHLIC3 Reserve by: February 18, 2023 Register for the event via page 19.

2023 CONEXPO

March 14-18, 2023

Las Vegas, NV LICA members use special link to receives discounts on registration and education sessions at CONEXPO:

https://www.licanational.com/event-posts/conexpo-2023/

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FEATURED ILICA BENEFIT: FREE CONVENTION REGISTRATION FOR NEW CONTRACTOR MEMBERS

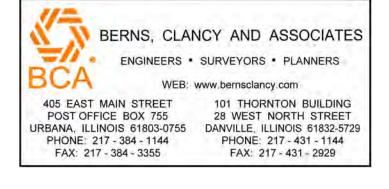
Are you a new contractor member that just joined the Association in 2022/2023? If so, you are eligible to receive a FREE full convention registration. That's right, all 3 days of meals, activities, and entertainment included! The Illinois LICA Annual Convention and Members' Meeting will be held at the Isle Casino Hotel Bettendorf on January 19-21, 2023 (see pgs. 12-17 for event details). Come for the trade show, education, entertainment, and hospitality Friday through Saturday...or just come on whichever day works best for your schedule! Bring your spouse or partner along and have lunch and dinner on us! We look forward to seeing you there.





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SAFETY FEATURE: BLOODBORNE PATHOGEN AWARENESS

While bloodborne pathogens are not usually a major concern on a construction site, it is still important that employees understand basic cautions and procedures in a first-aid situation. Knowing how to be safe around blood and other potentially infected material is important for your own health as well as that of your fellow employees.

Bloodborne Pathogen Basics

Bloodborne pathogens are microorganisms that are present in blood and can cause diseases. Some well-known examples of bloodborne pathogens include human immunodeficiency virus (HIV), and Hepatitis B and C. Bloodborne pathogens can be life-threatening.

Assume It's Infected

The simplest way to protect yourself from bloodborne pathogens is to treat all blood as possibly infected. Even if you know a coworker very well, you should not assume that you are aware of whether they are carrying any bloodborne pathogens.

In order to prevent infection or spreading of bloodborne pathogens in the workplace, all employees should follow universal precautions, such as:

- Use appropriate personal protective equipment (PPE) such as gloves, safety glasses or masks.
- Clean up any blood present in the workplace with chemicals or cleaning products that will adequately kill the microorganisms responsible for bloodborne pathogens.
- Store needles and other sharp objects that could pierce PPE or your skin inside FDA-approved sharps containers.
- Use warning labels for containers carrying regulated waste or sharp objects.

Caution Comes First

In the event that there is blood on the job site, only employees trained in first aid or designated to perform cleaning duties should address the situation.

If you are involved in a situation involving blood or another potentially infectious material, do not attempt to help until you are certain that you are properly protected. First responders have to take care of themselves as well as those in need of assistance.

If you find that you have possibly been exposed to a bloodborne pathogen, wash the blood or other material off thoroughly with soap and warm water, and notify your supervisor. If blood or a potentially infected material gets inside your mouth, eyes, nose or your own broken skin, seek medical attention immediately.

For more safety tips, talk to your supervisor.



Discussion Date:

Employee Participants

Safety Matters - from Prins Insurance LICA Portal

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